[Company name]

How to use this document: delete this paragraph before saving, sharing, or circulating it. Every part shown in blue is yours to replace: type your own details over each blue [field] until no blue remains. Then select all (Ctrl+A) and set the font colour to the same dark colour throughout. What is left is your finished document.

Gym personal training agreement

PT terms in writing - sessions, price, cancellations and expectations.

Parties

Trainer / gym: _____

Client: _____

Package

Sessions: _____

Price: _____

Valid from / to: _____

What's included [e.g. 10 personal training sessions, programme reviews, nutrition guidance]

Terms Sessions: as above, booked by mutual agreement.

Cancellation: sessions cancelled with less than [e.g. 24 hours'] notice are charged in full.

Payment: [£ amount] [upfront / per session], by [method].

Health: the client confirms fitness to train and will disclose relevant conditions.

Liability: training is undertaken at the client's risk; the trainer carries professional indemnity.

This is a general template, not legal advice.

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Sign-off

Trainer: _____ **Client:** _____ **Date:** _____